

# PE Expo Ireland

Transition year students from Ms Kellys sports science classes prepared and presented their projects at the PE Expo Ireland in DCU. The categories they entered were sports Psychology looking into the placebo effect and its effect over short distances. Another project was under the components of fitness category :comparing components of fitness between a figure skater and a basketball player. The 3rd project was in the Social Culture category: comparing the uptake of physical activity when presented with the opportunity in school between junior and senior school. It was a great day and the projects were at a very high standard which the girls are super proud of.

